

# Longmeadow Long-Range Plan: Age-Friendly Task Force Meeting #1

May 17, 2023, 1:00pm via Zoom

## Agenda:

1. Welcome & Introductions
2. LRP Process Overview
3. Age-Friendly Overview
4. Discuss Timeline & Process
5. Next Steps / Q&A



# Welcome & Introductions

## Task Force Participants:

- Jim Leyden, Director of Adult Center;
- Julie Pearce, Adult Center Outreach/Volunteer Coordinator;
- Cheryl Thibodeau, LRPSC Chair;
- Sandy MacFadyen, CoA Chair;
- Terry Wiener, LRPSC Senior Community Liaison;
- Corey Odentz, LRPSC Senior Community Liaison

## Consultants:

- Lauren Lind, Barrett Planning Group
- Becky Basch, Pioneer Valley Planning Commission

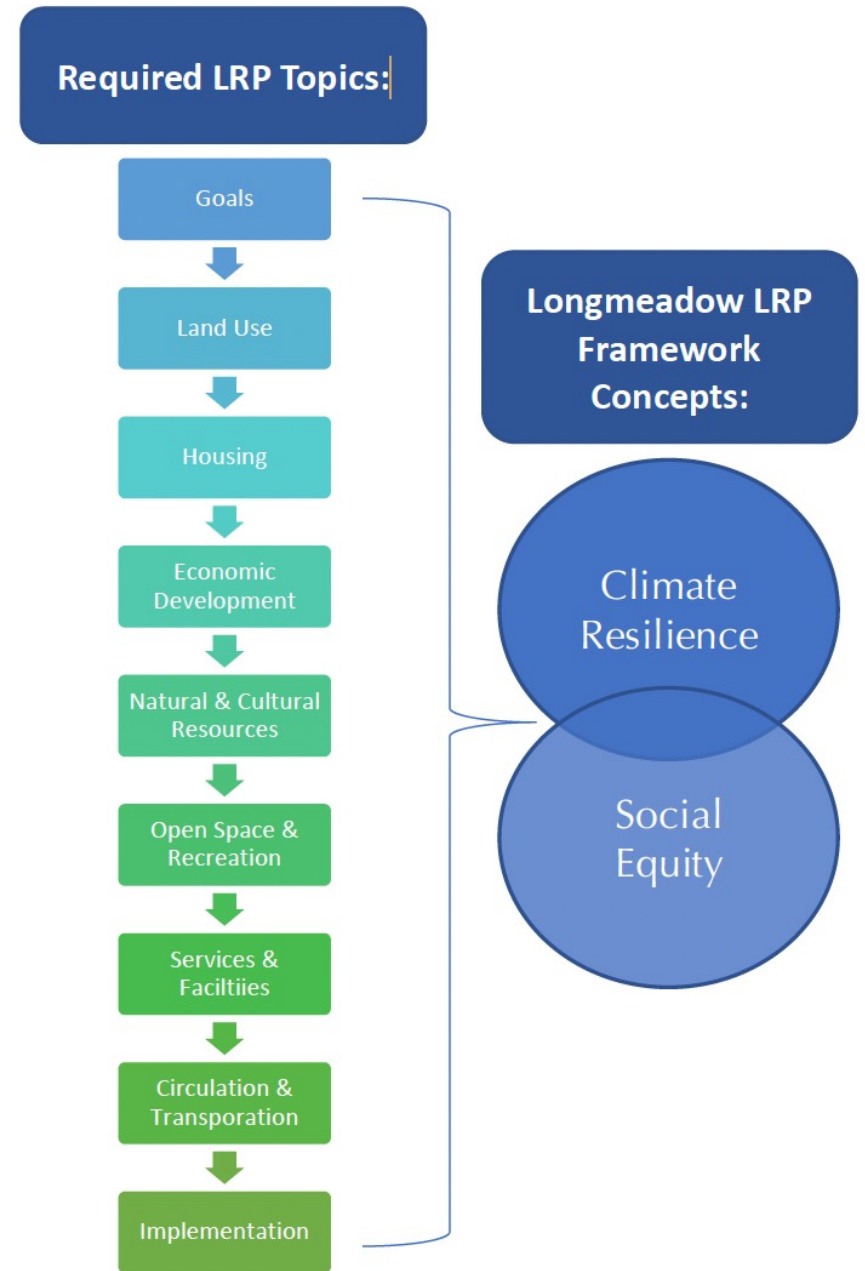


# Longmeadow Long-Range Plan (LRP)

2023-2024

A Long-Range Plan, also commonly known as a Master Plan or Comprehensive Plan, is a community's general "blueprint" for its future, guiding regulatory changes, land use policies, budgeting decisions, and informing community decision making across various disciplines.

It can help to direct decision making on the community's long-term physical development over a period of decades or even generations.



# Longmeadow Long-Range Plan – Task A.1 Targeted LRP Engagement for Senior Population & Age Friendly Task Force

*Task A.1: Targeted LRP Engagement for Senior Population & Age Friendly Task Force –  
(SFY23-24)*

- Targeted Senior Engagement — The Successful Proposer will facilitate robust, targeted engagement of the town’s senior population to meet the criteria to qualify Longmeadow for AARP Age Friendly designation. The Successful Proposer will collaborate with Longmeadow’s Council on Aging (CoA), the Adult Center Director, and the LRP Steering Committee Chair to establish an Age-Friendly taskforce as a sub-committee, with the goal of achieving the following:
  - Facilitating eight task-force meetings;
  - Developing and distributing an addendum to the LRP survey with questions specifically relevant to seniors’ concerns and quality of life. Like the public survey, this addendum will be available in hard copies at strategic locations and also online;
  - Facilitating three senior listening sessions; and
  - Contributing to each LRP chapter with a summary of data, trends, concerns, goals, and objectives related to seniors’ quality of life and climate resilience needs in Longmeadow.



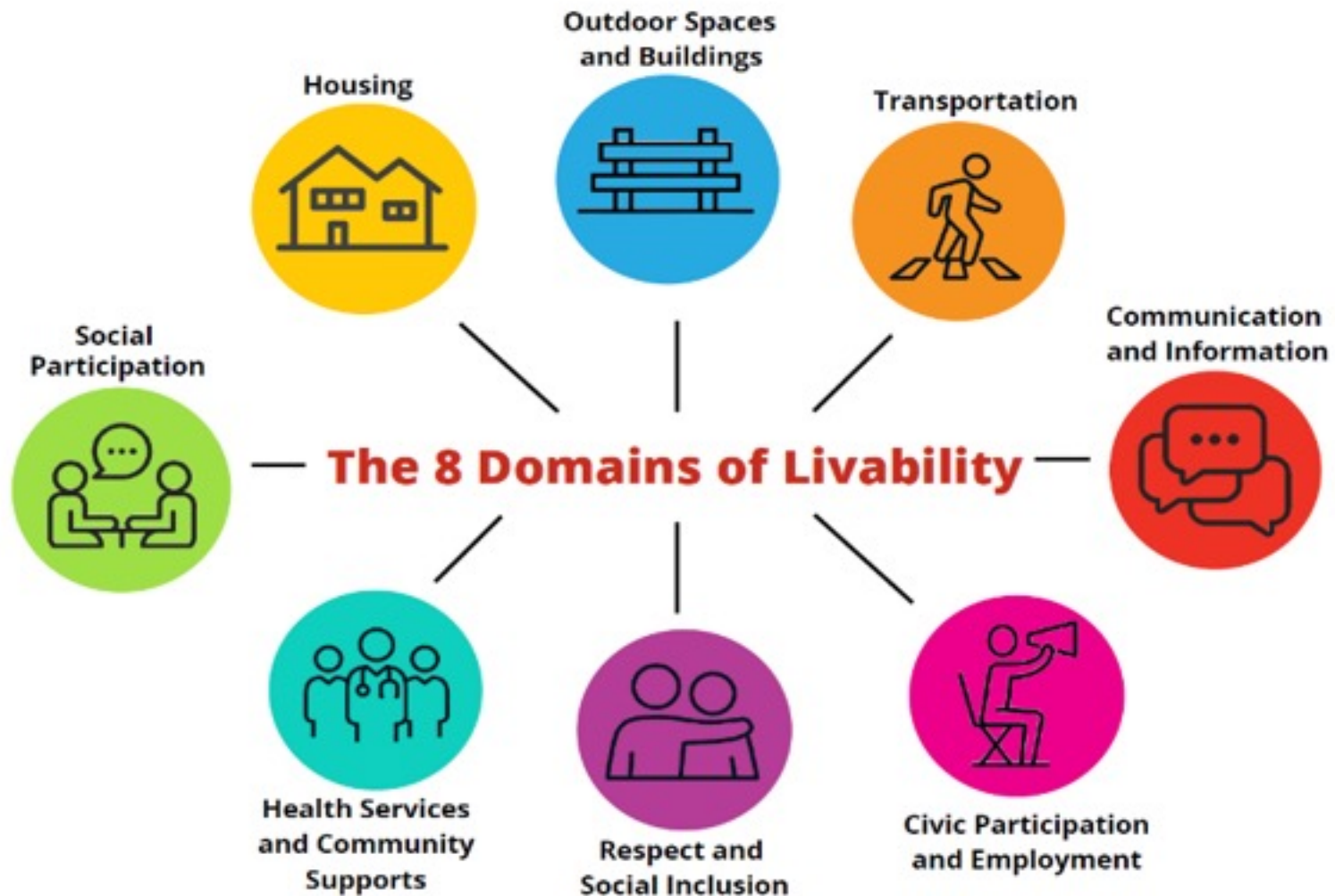
## AARP Age-Friendly Communities

“Approximately 45 million Americans are age 65 or older. By 2030, that number will reach 73 million Americans. At that point, fully one in five Americans will be older than 65. By 2034, the United States will — for the first time ever — be a country comprised of more older adults than of children. AARP Livable Communities supports the efforts of neighborhoods, towns, cities and rural areas to be great places for people of all ages. We believe that communities should provide safe, walkable streets; age-friendly housing and transportation options; access to needed services; and opportunities for residents of all ages to participate in community life.”

- AARP Network of Age-Friendly States and Communities



# AARP Age-Friendly Communities



# Timeline & Process

Please note that this schedule is for tentative planning purposes and is subject to change as necessary.

Facilitator	Event Description	Date
Lauren Lind, BPG	Task Force Meeting 1	May 17th, 2023
Lauren Lind, BPG	Task Force Meeting 2	Week of May 29 <sup>th</sup> , 2023
Lauren Lind, BPG	Task Force Meeting 3	June 2023
Lauren Lind, BPG	Listening Session 1	June 2023
Becky Basch, PVPC	Task Force Meeting 4	July 2023
Becky Basch, PVPC	Listening Session 2	July 2023
Becky Basch, PVPC	Listening Session 3	August 2023
Becky Basch, PVPC	Task Force Meeting 5	August 2023
Becky Basch, PVPC	Task Force Meeting 6	September 2023
Becky Basch, PVPC	Task Force Meeting 7	October 2023
Becky Basch, PVPC	Task Force Meeting 8	November/December 2023



## Next Steps

To-do list for Task Force participants for meeting #2:

1. Complete questionnaire form for availability (form to be distributed following the meeting)
2. Review *AARP Network of Age-Friendly States and Communities* Introductory Booklet ([Click this link to access a downloadable PDF Version](#))
3. Confirm whether the Town already has an Age-Friendly Resolution



Pictured above: Cover of *AARP Network of Age-Friendly States and Communities* Introductory Booklet

